

Fruit, Grains & Seeds

#### Fruit Plate @ 12.95

Seasonal Melons | Pineapple | Berries Cinnamon Yogurt Dipping Sauce

# Chia Flax Seed Breakfast Bowl 🗲 💙 12.95

Chia and Flax Seeds in Coconut Milk topped with Kiwi Chopped Prunes | Toasted Coconut | Almonds

### Greek Yogurt Parfait **1** 7.95

House Granola | Seasonal Berries | Greek Yogurt

#### Steel Cut Oatmeal FD 10.95

Raisins | Brown Sugar | Heavy Cream

Rise & Shine

# 2 Eggs Any Style\* 13.95

Hash Browns I Choice of Bacon, Chicken Sausage, or Ham Choice of Toast: White, Wheat, Rye, English Muffin

#### BYO Omelette 14.95

Choose 3: Tomatoes | Onions | Peppers | Green Onions Spinach | Mushrooms | Ham | Bacon | Smoked Salmon Choice of Cheese: Cheddar | Swiss | Mozzarella Choice of Toast: White, Wheat, Rye, English Muffin Hash Browns

#### Huevos Rancheros 14.95

2 over easy eggs | refried beans | queso fresco cheese roasted jalapeño | crisp corn tortillas | ranchero salsa

#### Breakfast Quesadilla 13.95

Eggs | Bacon | Queso Fresco | Avocado | Red Onion Salsa | Sour Cream

#### Carnitas Avocado Toast\* 14.95

Noble Bread | Avocado | Carnitas | Sundried Tomatoes Over Easy Eggs | Hash Browns

## Frosted Flakes® French Toast 13.95

Frosted Flake Crusted | Thick Cut French Toast Bananas | Candied Pecans | Maple Syrup

Pancakes Buttermilk or Multigrain **12.95** Fresh Strawberries | Candied Pecans | Maple Syrup

#### Breakfast Bagel Sandwich\* 13.95

Bacon | Over Easy Egg | American Cheese Fried Onions | Garlic Aioli | Toasted Bagel | Hash Browns

#### Biscuits And Gravy 13.95

Fresh Biscuits | Sausage Gravy | Hash Browns

#### Hashbrown Sandwich\* 17.95

Sausage Patty | Bacon | Over Easy Egg | Cheddar Cheese Avocado | Tomato | Hash Browns | Sausage Gravy Knife and Fork Style

**v** = Vegan **v** = Vegetarian **c** = Gluten Free



Please inform your server of any allergies or dietary restrictions. Many items can be modified to fit your needs.